

UNBRIDLED WOMEN AR 2026: RACE RULES

You may ride your bike only on roads and trails designated for biking. Make note of the portion of Hwy 192 marked as out-of-bounds with red "Xs." You may not ride your bikes on or along Hwy 192 in this out-of-bounds area. You may drop your bikes and proceed on foot while on a bike leg, but you must return to your bikes and your bikes must be with you at the finish. If you drop your bikes, be sure they are well off the trail or road.

Helmets must be worn at all times on the bike.

PFDs must be worn at all times while on the water.

Trespassing on private property is strictly prohibited. If you inadvertently find yourself on private property, you may correct the error by reversing course entirely and taking a permitted route, in order to avoid a penalty.

All team members must remain within 100' of each other at all times on foot and bike. You may not leave a teammate on the course and continue racing. You must notify race staff in person if you are withdrawing from the race.

Finishers will be ranked first according to points and then time. For example, if you get 20 CPs, you will place ahead of a team that gets only 19 CPs, even if that team returns to the finish line earlier than you.

You must return to the finish by 4 p.m. You will lose 1 CP for crossing the Finish Line after 4 p.m., and another CP for every 5 minutes thereafter you are late. In other words, if you finish at 4:04:57, you will lose 1 CP. If you finish at 4:05:01, you will lose 2 CPs. Your finish time is the time at which you punch the Finish unit.

GPS-enabled devices that only transmit a signal (e.g., SPOT tracker) are permitted to be kept outside a pack. Any GPS-enabled device that may be used to assist with navigation must be kept inside a pack throughout the race. Teams that use a GPS-enabled device, including a smart phone or watch, to relocate or assist with navigation during the race must self-report and will be unofficially ranked. Smart phones may be utilized only for taking photos and not for navigation. Garmin AR mode is acceptable.

PENALTIES:

Missing mandatory gear: 30 minutes per violation

Teammate proximity violation: 30 minutes per violation

Taking a prohibited route of travel: 2 hours per violation

Using prohibited mode of travel: 2 hours per violation

Trespassing without correction: 2 hours per violation

Punching CP during wrong leg: Loss of CP

Failure to wear helmet or PFD as directed: DQ

Use of prohibited electronic device: DQ

Other penalties may be assessed at the discretion of the Race Director for conduct that poses a risk to the safety of the racer or others or that threatens the competitive integrity of the race.