

## UNBRIDLED WOMEN 6-HOUR ADVENTURE RACE – PARKLANDS OF FLOYDS FORK

START: EGG LAWN, BECKLEY CREEK PARK 10 A.M.

PROLOGUE: Complete compass test to receive SportIdent timing chip (12-minute maximum wait)

Proceed only by the mode of travel indicated. CPs are worth 1 point each, except for CP 12, which is worth 2 points. TAs are worth 1 point each. You must complete the legs in the order given. You may visit CPs in any order within a given leg. TAs 1 - 4 are mandatory. TAs 5-6 are optional. CPs 1 – 6 are mandatory. All other CPs are optional.

**YOU MAY NOT TRAVEL ON OR ALONG BECKLEY CREEK PARKWAY OR SOUTH POPE LICK ROAD. YOU MAY CROSS THESE ROADS AND IT IS RECOMMENDED THAT YOU UTILIZE DESIGNATED TRAIL CROSSINGS ONLY.**

Leg 1: Biking (1 point possible)

From PWC Pavilion, proceed to TA 1, North Beckley Paddling Access (NBPA), via the paved Louisville Loop. Check in with the volunteer and punch the unit for TA 1. Leave bikes where instructed.

TA 1 (101)      North Beckley Paddling Access

Leg 2: Trekking (4 points possible)

From TA 1, trek to CPs 1 – 3, in any order, and then return to NBPA. Check in with the volunteer and punch the unit for TA 2.

CP 1 (120)      Lake Overlook – shelter

CP 2 (121)      North corner of pond

CP 3 (122)      Bend in trail – behind wall

TA 2 (102)      North Beckley Paddling Access

Leg 3: Paddling (2 points possible)

Paddle the provided canoe to TA 3, Creekside Paddling Access. The take-out is on river right, 250 meters past Thornton Bridge. Locate CP 4 along the way. Check in with the volunteer and punch the unit at TA 3. Leave canoes where instructed. Drop any personal paddle gear at PWC Pavilion.

CP 4 (123)      River bank, NW edge of bridge

TA 3 (103)      Creekside Paddling Access – take-out

Leg 4: Trekking (3 points possible)

Trek back to NBPA via Sycamore Trail, Louisville Loop, and Coppiced Woods Trail (west part). Locate CPs 5-6 along the way. Check in with the volunteer and punch the unit for TA 4. Pick up bikes. You may leave nothing at this TA.

CP 5 (124)      Sycamore Trail – west part of gravel bar

CP 6 (125)      West Coppiced Woods Trail - upper reentrant

TA 4 (104)      North Beckley Paddling Access

Leg 5: Biking (4 points possible)

Bike southward via Louisville Loop, English Station Road, and Old Taylorsville Road to TA 5, south parking lot by John Floyd Fields. Take note of the mandatory route on roads highlighted in yellow, due to a closure of the Louisville Loop at the RR trestle. These are quiet, 35 mph roads, but they are still open to traffic, so stay together and take care, especially with the crossing at Taylorsville Road. DO NOT inadvertently turn onto Taylorsville Road, immediately after the RR tracks. Proceed on English Station until it tees into OLD Taylorsville Road, which is a quiet country road. Also note mandatory route on road beside John Floyd Fields, immediately before reaching TA 5.

Locate optional CPs 7 – 9 during this leg. Coppiced Woods Trail (east part) is rugged singletrack, with rocks and roots and some tight turns. Even advanced riders will be pushing bikes in some sections. If you are not comfortable with singletrack or your goal does not include clearing the course, CP 7 is a good point to skip. Valley of the Giants Trail, on the other hand, is super easy, flat, smooth riding and named for the giant trees along the trail. It's not mandatory, but you really should visit this one! Check in with the volunteer and punch the unit for TA 5. Drop bikes where instructed.

- CP 7 (107) East Coppiced Woods Trail – creek crossing
- CP 8 (108) Valley of the Giants Trail – trail bend – giant sycamore tree
- CP 9 (109) Fisherville paddling access - kiosk
- TA 5 (105) Parking lot – John Floyd Fields (JFF)

**Leg 6: Orienteering and a Maze-O (8 points possible, including Bonus)**

Navigate on foot to optional CPs 10-15 on the Orienteering Louisville O-course. You must obtain at least one orienteering CP in order to receive a point for TA 6. CP 12 is a BONUS POINT (worth 2 pts). Teams will check in with volunteers at Hilltop Pavilion, Cedar Ridge Camp, and complete a Maze-O, hosted by Bruce Moore of OLOU. Taking turns, each team member must complete the Maze-O by visiting controls within the Maze in the prescribed order. Each team member will execute a different map of equal distance and difficulty. Upon successful completion of the Maze by both team members, you will punch the unit for CP 12, and continue on with Leg 6. Additional instructions will be posted at the Maze. **The Maze will be open from 12:30 pm – 3:00 pm only.**

Return to the JFF Parking Lot and check in with the volunteer. Punch the unit for TA 6 if you located at least one CP on Leg 6.

- CP 10 – CP 15 Clues provided on O-map
- TA 6 (106) Parking lot – John Floyd Fields

**Leg 7: Biking (5 points possible, including Finish)**

Bike via Louisville Loop, Old Taylorsville Road, and English Station back to the Finish at PWC Pavilion. Check in with the volunteer and punch unit at the Finish. Locate optional CPs 16-19 during this leg.

- CP 16 (116) Long Bridge – SW side of river
- CP 17 (117) High Bridge – W side of river
- CP 18 (118) Palisades Bridge - SW side of river
- CP 19 (119) Trail kiosk

**FINISH: PWC PAVILION – 4 P.M.**



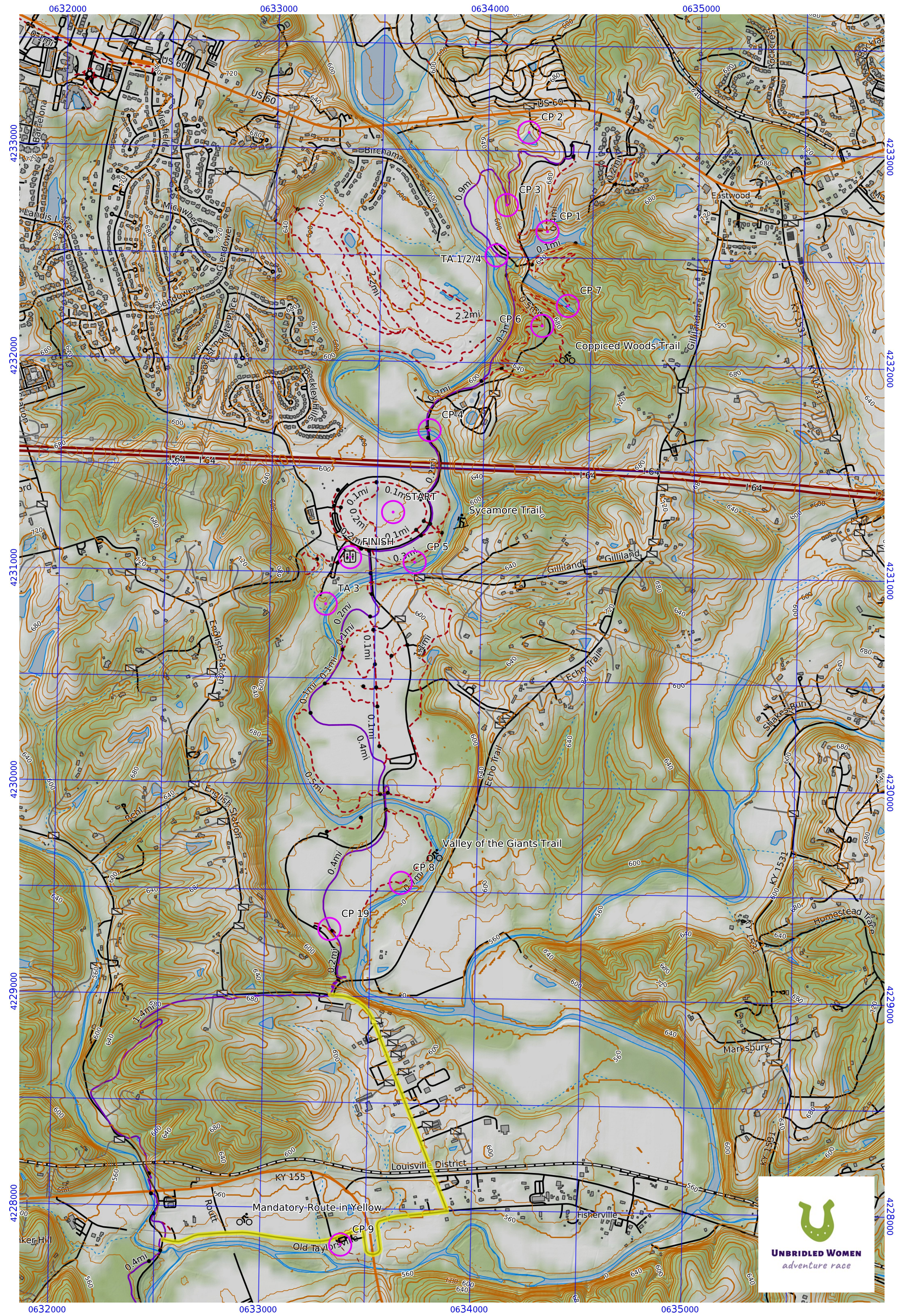
**EMERGENCY NUMBERS:**

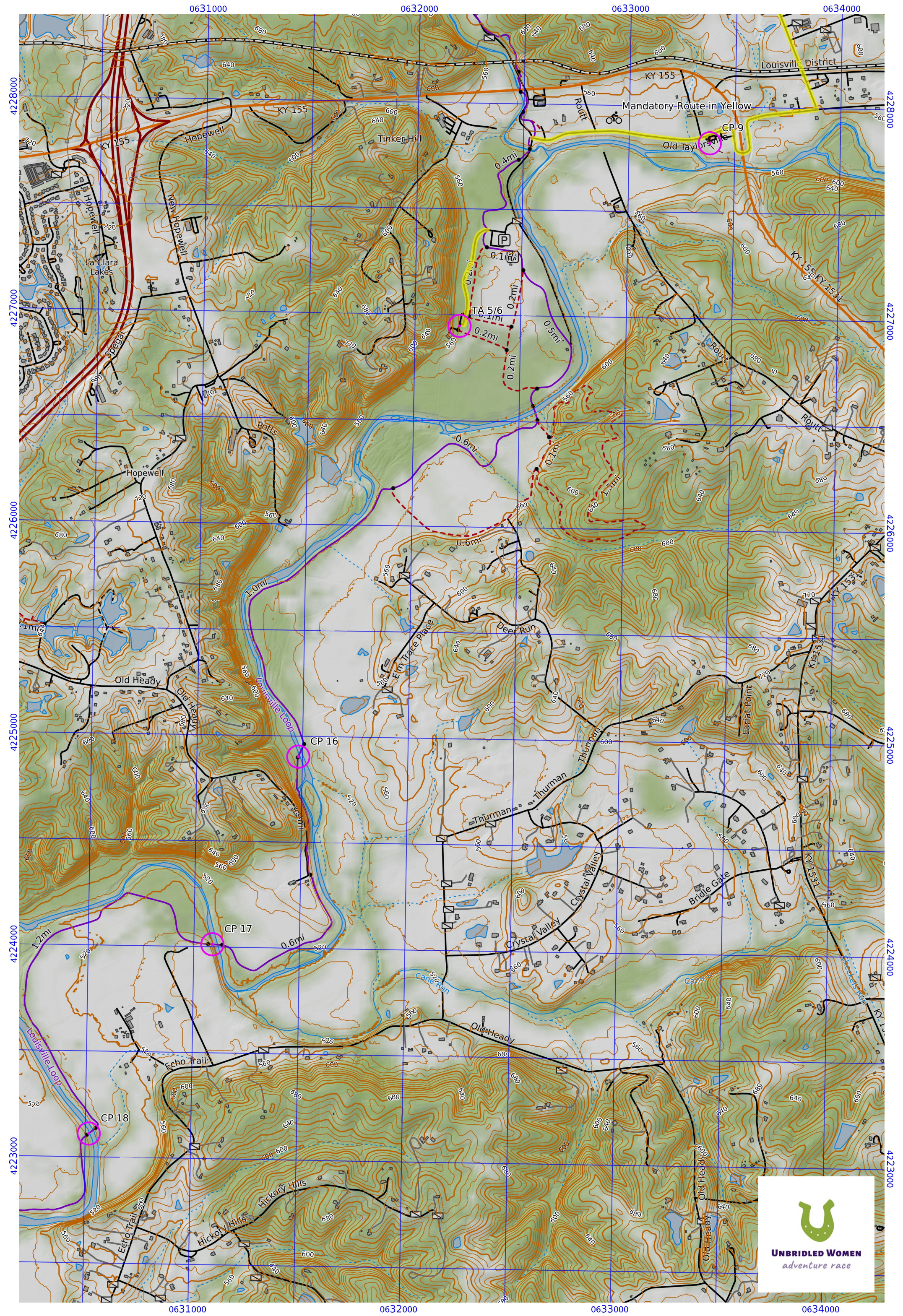
**EMT DESTINY – 502-259-8256**

**RD STEPHANIE - 859-619-6464**

# The Parklands of Floyds Fork

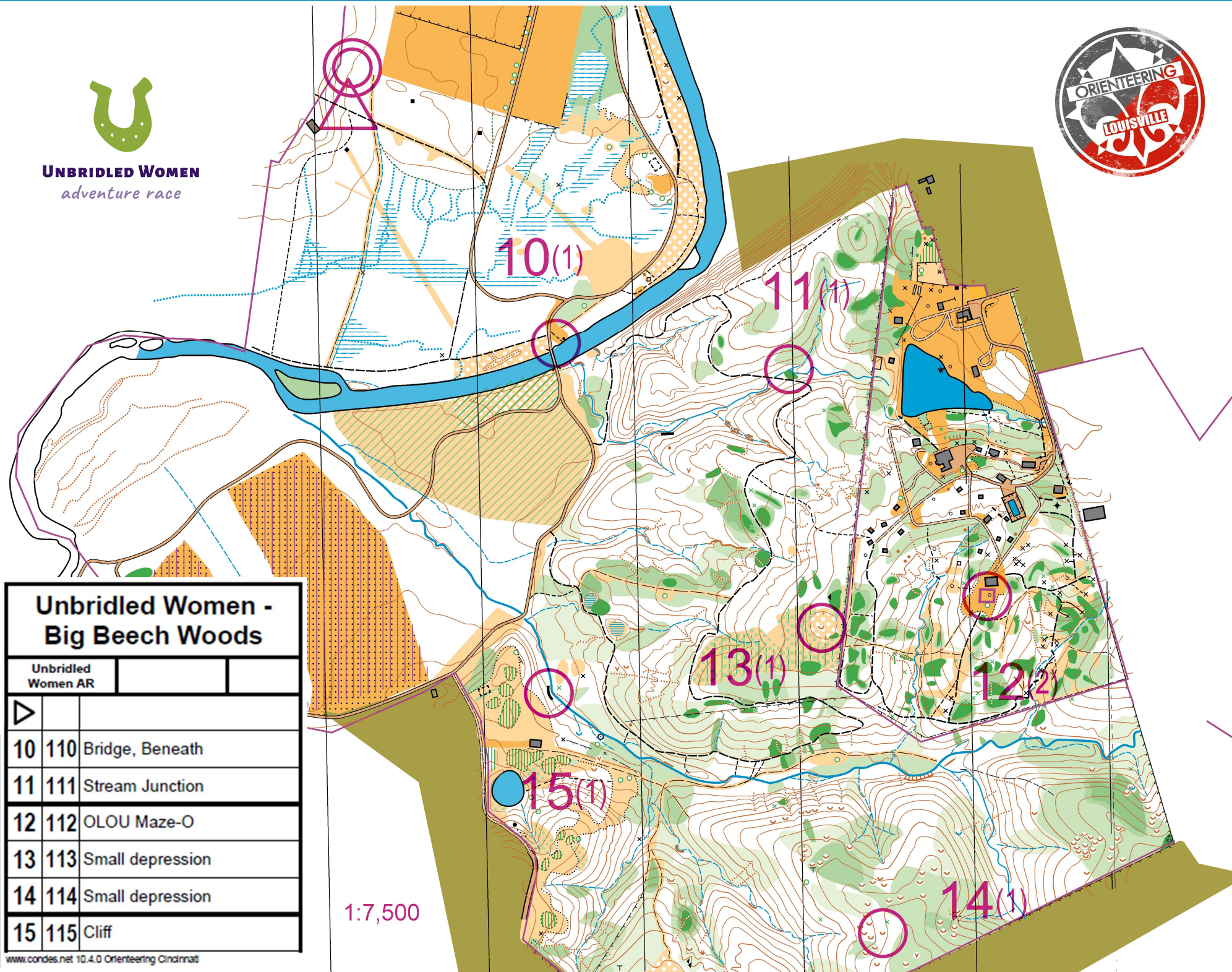








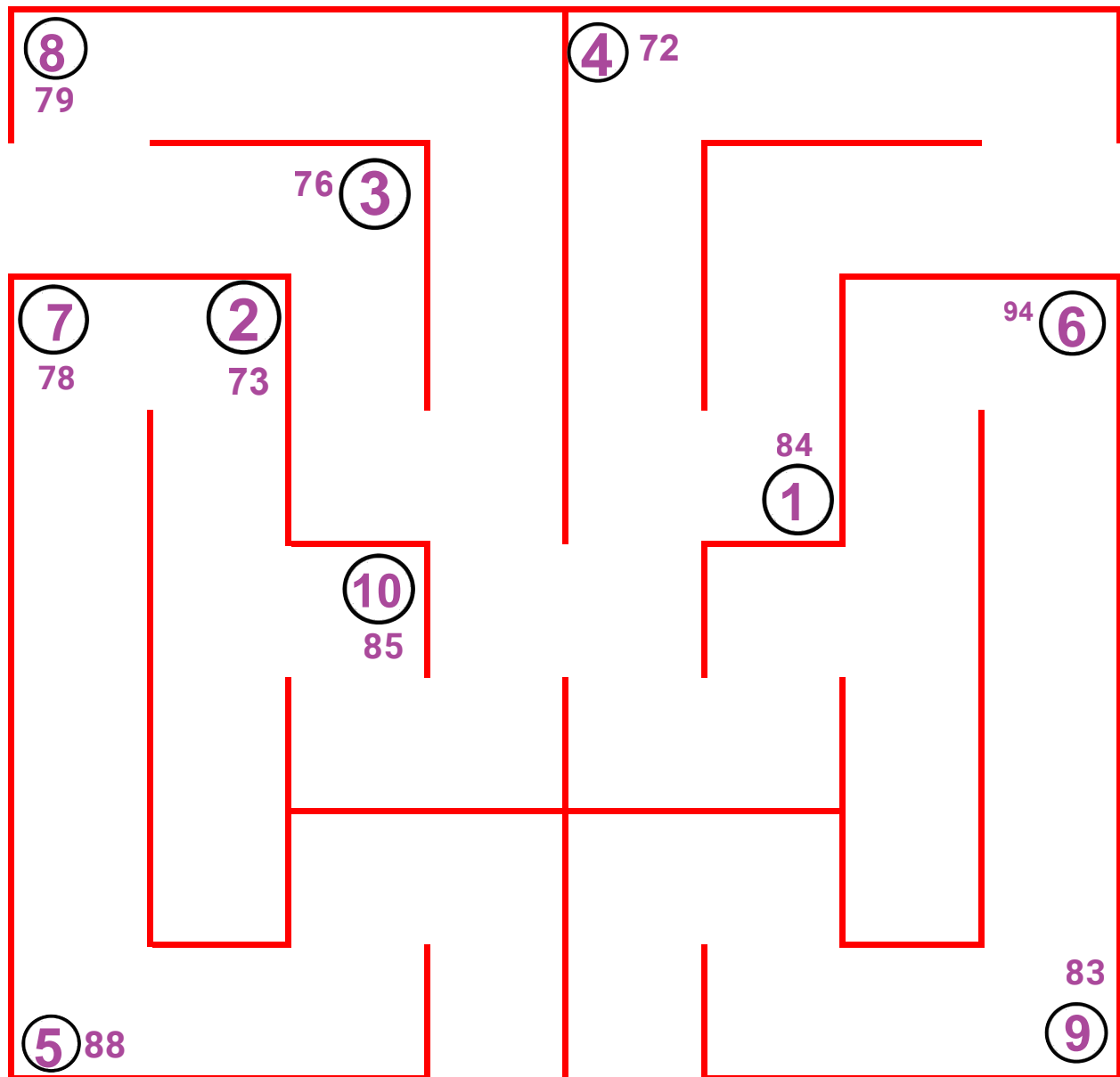
**UNBRIDLED WOMEN**  
adventure race



## Unbridled Women - Big Beech Woods

Unbridled Women AR		
▷		
10	110	Bridge, Beneath
11	111	Stream Junction
12	112	OLOU Maze-O
13	113	Small depression
14	114	Small depression
15	115	Cliff

# Unbridled Women's AR Part 1

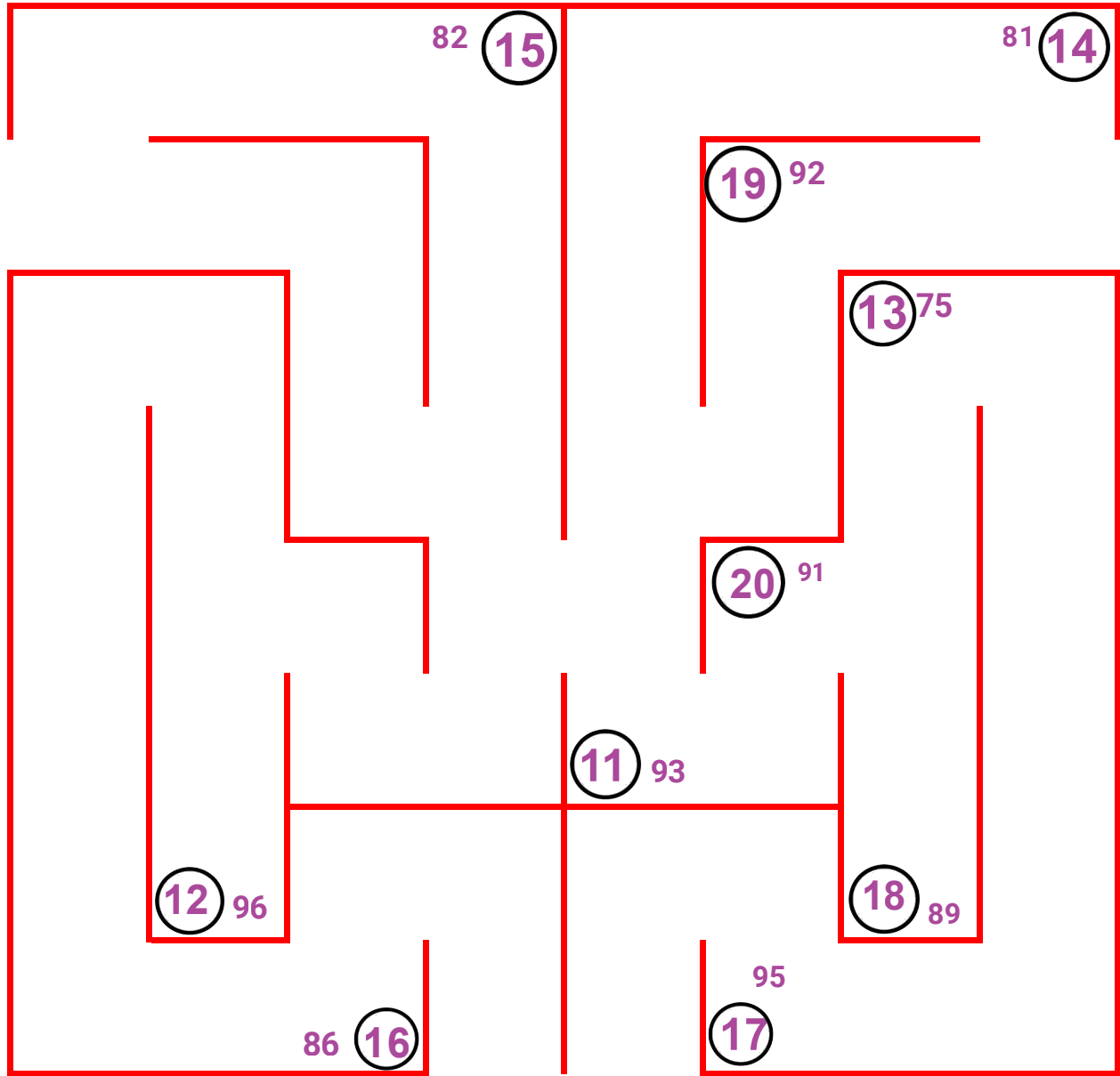


**WITH A MAP**  
MAZES



**UNBRIDLED WOMEN**  
*adventure race*

# Unbridled Women's AR Part 2



**WITH A MAP**  
MAZES



**UNBRIDLED WOMEN**  
*adventure race*