UNBRIDLED WOMEN 6-HOUR ADVENTURE RACE – PARKLANDS OF FLOYDS FORK

START: BROWN FORMAN SILO CENTER, TURKEY RUN PARK 10 A.M.

Proceed only by the mode of travel indicated. CPs are worth 1 point each, except for the Maze, which is worth 2 points. TAs are worth 1 point each. You must complete the legs in the order given. You may visit CPs in any order within a given leg, EXCEPT as indicated for "B" points in Leg 5. TAs are mandatory. All CPs are optional.

YOU MAY NOT TRAVEL ON ANY ROADWAY WHILE ON FOOT OR BIKE, EXCEPT TO CROSS DIRECTLY FROM ONE SIDE TO THE OTHER. CROSS ROADS WITH CAUTION AT DESIGNATED TRAIL CROSSINGS.

Leg 1: Trekking (5 points possible)

From the Start, trek to the canoe put-in, locating CPs 1-5 along the way. Check in with the volunteer and punch the unit for TA 1.

CP 1 (101)	Stream junction
CP 2 (102)	Stream- small rock cliff
CP 3 (103)	Watercourse junction
CP 4 (104)	Pond – SW edge

YOU MUST USE THE MANDATORY CROSSING POINT MARKED ON THE PARK AND O MAPS TO CROSS TURKEY RUN PARKWAY. THIS IS A BRIDGE ON THE LOUISVILLE LOOP THAT CROSSES OVER TURKEY RUN PARKWAY.

CP 5 (105) Distinct tree – N side

TA 1 (121) Seaton Valley Paddling Access – put-in

Leg 2: Paddling (2 points possible)

Paddle the provided canoe to TA 2, Broad Run Valley Paddling Access. The take-out is on river left. Locate CPs 6 and 7 along the way. Check in with the volunteer and punch the unit for TA 2. Leave canoes where instructed. Drop any personal paddle gear.

CP 6 (106)	Bend in river – left bank
CP 7 (107)	S end of gravel bar - left bank
TA 2 (122)	Broad Run Valley Paddling Access – take-out

Leg 3: Biking (4 points possible)

Bike to TA 3. Locate CPs 8 – 10 during this leg. Karst Climb Trail is intermediate level singletrack, with rocks and roots. We recommend it be ridden downhill (north to south). If you're not comfortable on singletrack or your goal does not include clearing the course, CP 9 would be a good point to drop. Check in with the volunteer and punch the unit for TA 3. Drop bikes where instructed.

YOU MUST REMAIN ON THE LOUISVILLE LOOP WHILE TRAVELING THROUGH CLIFFSIDE CENTER IN BROAD RUN PARK, GOING TO AND COMING FROM CP 10. DO NOT CUT THROUGH THE PARKING AREA OR BIKE ON WALKING TRAILS. LOUISVILLE LOOP IS HIGHLIGHTED IN PURPLE ON MAIN TOPO MAP.

CP 8 (108)	Limestone Gorge - bridge
CP 9 (109)	Karst Climb Trail - reentrant
CP 10 (110)	Fence corner – S of trail intersection
CP 11 (111)	Trail junction

TA 3 (123) Brown Forman Silo Center – Pignic Barn

Leg 4: Maze-O (2 points possible)

Check in with volunteers and complete a Maze-O, hosted by Bruce Moore of "With A Map." Taking turns, each team member must complete the Maze-O by visiting controls within the Maze in the prescribed order. Upon successful completion of the Maze by all team members, you will punch the units for CP 12 and TA 4. You may not punch TA 4 without completing the Maze-O.

CP 12 (112) Maze-O (2 PTS)

TA 4 (124) Brown Forman Silo Center – Pignic Barn

Leg 5: Bike-O (8 points possible)

Bike and/or trek to CPs 13-17, in any order, and return to the finish. You may use your bikes as much or as little as you want on this leg, but be sure your bikes are well off the trail if you drop them to proceed on foot to a CP. It is recommended you lock your bikes together if they are left behind. At CPs 13, 15 and 17, you will find a card with a bearing and distance to a second CP, also worth 1 point. You must punch the "bonus" CP immediately after its "origin" CP to receive credit for the bonus; i.e., if you travel from CP 13 to CP 14 and then to CP 13B, you will not receive credit for CP 13B. You must punch CP 13B immediately after punching CP 13 in order to receive credit for CP 13B. You can receive credit for the "origin" CP without punching the "bonus" CP.

YOU MAY NOT BIKE ON A TRAIL DESIGNATED FOR HIKING ONLY (E.G., WILD HYACINTH TRAIL). THE PENALTY FOR BIKING ON A TRAIL DESIGNATED FOR HIKING ONLY OR FOR BIKING ON A ROADWAY IS DISQUALIFICATION. PLEASE CONSULT YOUR PARK MAPS TO CONFIRM PERMISSIBLE TRAIL USES.

CP 13 (113) Culvert – SE side of trail (find instructions for CP 13B (118): 353 meters)

CP 14 (114) Pit

CP 15 (115) Small gully – stream junction (find instructions for CP 15B (119): 300 meters)

CP 16 (116) Stream junction

CP 17 (117) Top of Silo (find instructions for CP 17B (120): 350 meters)

Finish (F) Brown Forman Silo Center – Pignic Barn

FINISH: Brown Forman Silo Center - 4 P.M.







EMERGENCY NUMBERS: EMT MILES - 502-777-0091 RD STEPHANIE - 859-619-6464





